



# Elizabeth Forward Resource List



## *Hotlines*

**Resolve Crisis Network**

**1-888-796-8226**

**National Suicide Prevention Lifeline**

**1-800-273-8255**

**Crisis Text line**

**Text PA to 741741**

## *Mental Health Resources*

\*Service Coordination available

Southwood Psychiatric Hospital  
[www.southwoodhospital.com](http://www.southwoodhospital.com)

412-257-2290

Western Psychiatric Hospital (UPMC)  
[www.upmc.com/locations/hospitals/western-psychiatric](http://www.upmc.com/locations/hospitals/western-psychiatric)

412-624-2100

Jefferson Hospital Outpatient  
<https://www.ahn.org/specialties/psychiatry-and-mental-health>

412-650-1100

Mercy Behavioral Health  
[www.mercybehavioral.org](http://www.mercybehavioral.org)

412-232-3900

Mon Yough Community Services, Inc (MYCS)\*  
[www.mycs.org](http://www.mycs.org)

412-675-6927

Southwestern Human Services  
[www.shs-pgh.org](http://www.shs-pgh.org)

412-831-1223

STAR Center (non-emergency UPMC)  
<http://www.starcenter.pitt.edu/Clinical-Inquiries/21/Default.aspx>

412-246-5619

Turtle Creek Valley MH/MR\*  
[www.tcv.net](http://www.tcv.net)

412-351-0222

Vista Behavioral Health Associates  
[www.vistabehavioral.com](http://www.vistabehavioral.com)

412-641-7016

## *Drugs and Alcohol*

**Allegheny County D/A Crisis Hotline**

**1-888-424-2287**

Al-a-teen, Al-Anon group  
<https://al-anon.org/newcomers/teen-corner-alateen/>

412-683-4279

Gateway Rehabilitation Center  
[www.gatewayrehab.org](http://www.gatewayrehab.org)

412-466-7734

Holy Family SHORES  
<https://www.hfi-pgh.org/mental-health-services/drug-and-alcohol-counseling/>

412-361-1083

Pyramid Healthcare  
[www.pyramidhealthcarepa.com](http://www.pyramidhealthcarepa.com)

724-443-3220

UMPC Addiction Medicine  
[www.upmc.com/Services/behavioral-health/addiction](http://www.upmc.com/Services/behavioral-health/addiction)

412-624-1000

### *Grief, Loss & Trauma*

The Caring Place <a href="http://www.highmarkcaringplace.com">www.highmarkcaringplace.com</a>	1-888-224-4673
Cancer Caring Center <a href="http://www.cancercaring.org">www.cancercaring.org</a>	412-622-1212
The Center for Traumatic Stress (AGH) <a href="http://wpahs.org/specialties/center-traumatic-stress-children-and-adolescents">wpahs.org/specialties/center-traumatic-stress-children-and-adolescents</a>	412-330-4328
Good Grief Center	412-224-4700
Our Clubhouse (formerly Gilda's Club) <a href="https://www.ourclubhouse.org/cancer-support-organization/mission">https://www.ourclubhouse.org/cancer-support-organization/mission</a>	412-338-1919
Center for Victims of Violent Crime <a href="https://www.centerforvictims.org/">https://www.centerforvictims.org/</a>	412-482-3240

### *Eating Disorders*

Footsteps for Recovery from Eating Disorders <a href="https://www.footstepsforrecovery.com/services">https://www.footstepsforrecovery.com/services</a>	412-215-7967
UPMC COPE <a href="https://www.upmc.com/services/behavioral-health/eating-disorders">https://www.upmc.com/services/behavioral-health/eating-disorders</a>	412-647-9329
The Renfrew Center Of Pittsburgh <a href="http://renfrewcenter.com/locations/all-locations/renfrew-pittsburgh-pa-eating-disorder-treatment-center">http://renfrewcenter.com/locations/all-locations/renfrew-pittsburgh-pa-eating-disorder-treatment-center</a>	1-800-RENFREW (736-3739)

### *Health Insurance & Resources*

CHIP <a href="http://www.chipcoverspakids.com">www.chipcoverspakids.com</a>	1-800-986-5437
Resource Hotline	2-1-1

### *Child Abuse Reporting*

Allegheny County CYF <a href="http://www.alleghenycounty.us/dhs/childabuse.aspx">www.alleghenycounty.us/dhs/childabuse.aspx</a>	412-473-2000
PA CHILDLINE	1-800-932-0313

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For a complete directory of providers: <http://www.alleghenycounty.us/dhs/mhservices.aspx>

For general information on Mental Health: <http://www.nimh.nih.gov>

For mental health site for teens: <http://www.copecaredeal.org>